

Michael Chekhov's Foundation Workshop

A 16+ hour intensive Michael Chekhov workshop

Experience the Chart of Inspired Acting as seen in

On the Technique of Acting

Experience 7 Keys to Mastery with Michael Chekhov's Acting Techniques

- Act Imaginatively
- Access Emotions Easily
- Craft Characters Creatively
- Improvise Boldly
- Train to Transform Magically
- Present Yourself Confidently
- Transform Your Life Radiantly

In this Michael Chekhov Workshop you will play with many tools designed to expand your view of what is possible as an artist and human being. You will discover ways to overcome challenges that actors have faced for centuries-emotional availability, embodied objectives, rich ensemble relationships as well as being able to switch styles from Shakespearean to say-naturalistic film. Are you ready to be invigorated and inspired?

You will join an ensemble of equally passionate artists who are willing to explore and play freely so you can best reveal the creative impulses you bear within yourself. These impulses you have as an artist are rich in nature and deeply important for the spectator to experience.

Discover:

- Why sometimes your ideas don't come out right!
- How to train yourself to reveal your ideas
- How to get great ideas
- How to select the best of your great ideas to reveal

Perform:

With your ensemble for your invited audience of family and friends, you will have the opportunity to perform your monologue from Spoon River Anthology two distinctly different ways within the construct of an ensemble art form improvisationally devised using Michael Chekhov's Laws of Composition, Japanese Rock Garden and the Chart of Inspired Action.

Upon Enrollment in your Michael Chekhov Workshop:

You will receive a Welcome to the Foundation Workshop email detailing how best to prepare for your weekend. Please read it and acknowledge it and then jump right into getting ready. You will want to be well rested, have your monologue memorized and read up on Mr. Chekhov's work. Watch the many YouTube videos on the subject and be ready to join the ranks of thousands of talented actors across the world as you expand your journey toward Mastery of Michael Chekhov's techniques.

Michael Chekhov Workshop's Leader Joe Herrera is known for his broad knowledge of the subject along with the innate ability to share it in a way that will make sense to you and help you apply it easily.

Fees:

During over 16 hours of training, you will be up on your feet. Develop practical applications to your acting for the large majority of those 16 hours. In many acting classes, you get 20 minutes of attention in a three hour workshop. Here, you will have constant activity. It is the equivalent of about 4 months in a weekly class. Enroll now for only \$275. That's less than \$18/hour to work with Orlando's very own Michael Chekhov Certified Acting Teacher Joe Herrera.

Joe Herrera
NMCA Certified Acting Teacher
Michael Chekhov Studio Orlando



ACTOR'S TRAINING